



CENTRAL  
CATERING CO.

EAT WELL. DO GOOD.

# DELIVERY MENU

Order at [CentralCateringCo.com](http://CentralCateringCo.com) or (816) 471-7560

## SALADS

*Add to any salad: grilled chicken \$3 or hanger steak \$6*

**Argentinean Steak Salad | \$14**  
grilled chimichurri hanger steak,  
field greens, citrus jicama, chipotle  
onions, papita seeds

**Grains & Seeds Salad | \$10**  
quinoa, farro, barley, sunflower  
seed, arugula, sweet potato, red  
onion, tomato, basil, maytag, sherry  
vinaigrette

**Chopped Salad | \$8**  
chopped lettuce, garbanzos, celery,  
sliced citrus beet, red onion, hearts  
of palm, red wine vinaigrette

**Roasted Roots | \$10**  
roasted beets & rainbow carrots,  
spinach & radicchio, toasted  
almonds, dates, goat cheese,  
buttermilk kale dressing

**Wedge | \$8**  
boston bibb lettuce, egg, maytag,  
bacon, tomato, red onion, creamy  
chive dressing

**Classic Caesar | \$8**  
romaine hearts, garlic parmesan  
crouton, shaved parmesan, cracked  
black pepper

## SOUPS *12 oz serving*

**Baked Potato | \$6**  
bacon on the side

**Tomato Basil | \$6**  
with parmesan crostini (vegetarian)

**Corn Chowder | \$7**  
with zucchini & smoked chicken



Every dollar advances women in Kansas City

Central Catering Co., an initiative of Central Exchange, Where Women Shape the Future

# BOXED LUNCH

Choose one sandwich, one side, one dessert. Gluten-friendly wraps available for any sandwich

## Steak Tartine | \$14

grilled hanger steak, caramelized onion, gorgonzola, cabernet demi, grilled baguette

## Chicken Club | \$12

herb-grilled chicken, bacon, gruyere, arugula, honey mustard, pretzel bun

## Vegetarian | \$11

portabella mushroom, zucchini, red onions, goat cheese, basil, almond romesco, ciabatta bread

## BLT | \$10

candied bacon, bibb lettuce, beefsteak tomato, lemon herb mayo, toasted grains galore bread

# SIDE OPTIONS

TERRA Vegetable Chips

Black Bean Hummus & Veggie Sticks

Pickled Vegetables

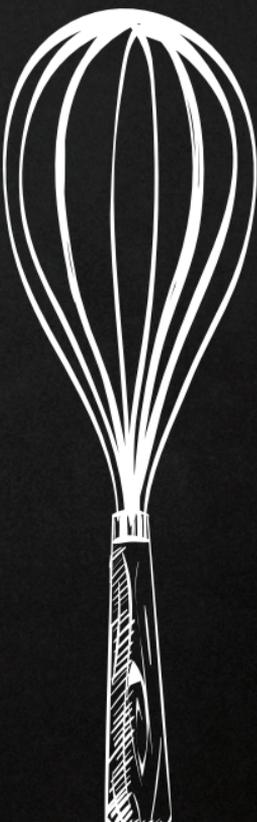
# DESSERT OPTIONS

Chocolate Chip Cookie

Fresh Fruit

Flourless Chocolate Torte with fresh berries (*Gluten Free*)

Lemon Blueberry Bar



# HOT LUNCH

Choose one entrée, one side, one dessert. Entrée options are priced per person & served family style.

## Hanger Steak | \$16

grilled hanger steak with argentinian chimichurri sauce, goat cheese smashed potatoes

## Blackened Salmon | \$16

pan seared Norwegian salmon, lemon butter sauce, rice pilaf

## Balsamic Glazed Grilled Chicken | \$15

herb-grilled chicken brushed with balsamic glaze, roasted potatoes

## Smoked Pork Loin | \$14

cider-brined pork tenderloin, pineapple & black bean salsa, garlic mashed potatoes

## Alfredo Campanelle with Spinach | \$13

add chicken \$3 per serving

## Spaghetti & Meatballs | \$12

house-made beef & pork meatballs with marinara & parmesan

# SIDE OPTIONS

Grilled Jumbo Asparagus

Roasted Broccoli & Quinoa

French Green Beans with toasted almonds & golden raisins

Roasted Veggies

# DESSERT OPTIONS

Chocolate & Banana Tart

Caramel Apple Crostada

Flourless Chocolate Torte with fresh berries (*Gluten Free*)

Lemon Blueberry Bar

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Custom & seasonal options are available To order, (816) 471-7560 or [CentralCateringCo.com](http://CentralCateringCo.com)

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